

Birdie Bread Recipe
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If you're having trouble getting your bird to eat some of the healthy foods he needs for optimal nutrition, you can try baking them into one of birdie bread. Here is one of many recipes:

Carol's Bird Bread

Ingredients:

- 1 cup cornmeal or 1 box Jiffy Corn Muffin Mix
- 1 cup ground bird pellets (in coffee grinder or food processor)
- 2 eggs with shells (finely ground)
- 2/3 c. milk (don't worry...it will be baked!) or juice (e.g., apple or pineapple)
- 1 c. frozen veggies
- 1 4-oz jar sweet potatoes baby food
- 1 Tbsp. peanut butter

Preheat oven to 375° F. Lightly coat 8" x 12" pan or muffin tin with a canola or corn oil spray. Blend all ingredients in a large mixing bowl. Pour batter into baking pan and bake for 20-25 minutes. Bread is done when toothpick inserted in center comes out clean and dry. Cool and cut into 1" squares. Bread is good for 5-7 days in the refrigerator and can be frozen. Additional ingredients can be added to suit your bird's taste. Baking time may vary according to the ingredients added.